

enjoying it.
The kids today are doing the same, although in a different way. They have their smartphones, their tabs, their ultrabooks as the devices... and they have messaging, emailing, tweeting, and facebooking as their vehicles to reach out. They have even their own codes and a language that may well appear to be insanely different from the one that we normally use.
"We now say that the new generation is perpetually plugged-in."
"Yes, and they are probably reluctant to remove their plugs even while walking on the streets," replied my wife as she slowly sipped water after returning from college.

The Life Flow



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Positive Mindset is the fabric of Life. It is the sunshine. It is a happy throng of thoughts. It is a possibility. It is the touch of life. It is an outlook to look beyond. It is the belief

CULTIVATING POSITIVE MINDSET

that human life symbolizes abundance. It is all about opportunities; an exploration of new avenues. This idea finds reverberation in words of John Oxenham:

Not for a single day
Can I discern my way,
But this I surely know-
Who gives the day
Will show the way
So I securely go

Positive outlook is a great blessing in today's troubled time. Every one admires and envies the person who finds an opportunity in every calamity. It is an act of converting one's wounds into

wisdom. A positive and pleasant individual, therefore, is the greatest asset of a family as also for any Organization. What we call Positive Attitude springs from hope. Hope is the savior of mankind. It is the hope that motivates and inspires humanity.

An attitude is your spectacle. It is just a distinct way of looking at life. It is the sum total of your ability to deal with a situation. One's intelligence in handling any matter in a manner befitting the circumstances makes the attitude positive. It is a great challenge to remain positive. Our socie-

ty is full of people who are good at finding faults with life. Finding mistakes seems to have become an obsession with modern man. We are on the cusp of being a society of fault finders. In this situation, it is tough to see the bright side of life, let alone appreciate multitudes of opportunities and blessings.

How do we cultivate positive and productive attitude towards life? We begin by counting our blessings. The only way to grow positive is to look at our assets and see what we can still do with them. We can also discover

some joy in every single moment. Life needs to be lived in the Present Tense. We can show an attitude of gratitude, which is so vital to building a positive mindset. Besides, you are the Master of your own choices and actions. You have the freedom to choose a new strategy in case of any setback. Every experience of life is a learning experience. Given your freedom to choose, you can attract like-minded persons and multiply Positive people. Our society can be a happier place to live in and Life would Flow...

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